

# Veterans Care Association Inc

Holistic Care of Body Mind & Soul for Veterans, Families & Carers

Reg. Charity No: CH2629 | ABN: 97 213 464 172

## TA1 Participant Evaluation reflections

*I have made peace with the Indonesians and people of Dili*

*Forgiveness has been achieved.*

*I'm now proud of what I've done – I can finally come home.*

*The whole experience was invigorating.*

*I was apprehensive at first, but now I'm at peace.*

*The most comfortable I've felt in a long time.*

*I have an overwhelming sense of contentment.*

*Has established a firm base for continued positive growth.*

*I have now found some purpose to work towards*

*Way beyond my expectations- an incredible experience*

*Hoping now to be able to help others*

*Excellent growth for me in every respect*

*Successfully engaged in a diverse group maintaining positive attitude*

*I was inspired by our facilitators*

*I thoroughly enjoyed the experience and was enlivened by it*

*I would thoroughly recommend it and have done so*

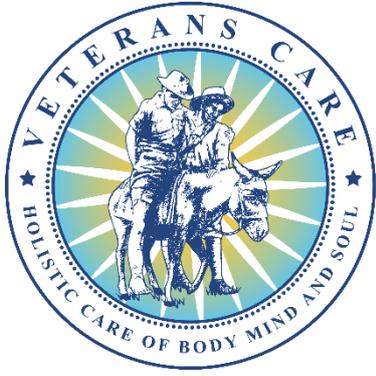
*There were too many highlights to list them all*

*I was very well supported*

*A great circuit breaker*

*Excellent. Great program. Plenty of opportunities for enhancement.*

*Plenty of highlights and yes I would recommend to others*



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*It was good to see an operation that has succeeded after the failure of Somalia*

*Can see the need to continue in working with RSL NT*

*The program well and truly exceeded my expectations!*

*Cultural engagement was a very positive thing*

*Extremely beneficial. A truly cleansing, emotional journey towards achieving my identified objective in my personal health and wellbeing plan.*

*I was totally unprepared for this emotional journey. A bit of controlled anxiety. Now my emotional growth has been incredible for me!*

*It is a must do for any veterans! Highlights are the people, cultural immersion, the history and most of all the people/community believe in their future.*

*Positively inspirational – forgiveness is a powerful thing*

*Highlights – being able to hang out with the kids while in their villages.*