



Veterans Care Association Inc
Holistic Care of Body Mind & Soul for Veterans, Families &
Carers
Reg. Charity No: CH2629 | ABN: 97 213 464 172

TA 2 Participants Comments

“Timor Awakening exceeded my expectations”

“Veteran’s Care staff were very attentive to our needs”

“Timor Awakening has help me identify my problems and will help me overcome them”

“I have never spoken openly or opened up to anyone like this before, EVER”

“I felt a sense of release everyday with every experience”

“Strong mental health growth”

“It was a great feeling to speak without fear”

“I have struggled for 15 years with a lot of demons before this trip”

“I would say that the experience I had was very strong and rewarding and I would thoroughly recommend it to my mates”

“Extremely loving and supporting environment. Inspiration from other participants and the Timorese. I will come home a different, richer person”

“Timor Awakening went above and beyond my expectations”

“I use to blame everyone else, now I can forgive myself”

“Staff were amazing and did a great job making me feel valued and supported”

“Timor Awakening has given me more tools to help me combat my issues”

“Timor Awakening is such a proper name for this experience. It awoke my senses again, brought me joy, laughter and a sense of pride”